## Eldercare Support Services

Are you responsible for the care or support of an elderly loved one?

The MSU WorkLife Office can provide you with information, consultation, and resources to support you and your family.

## The following services are available:

- Consultation and personal support
- Information & referral
- Eldercare listsery to connect to others
- Resources for elders living near Michigan State University's campus
- Resources for long distance caregivers
- Free classes held over the lunch hour

## **Discussion Topics:**

- Medicare, Medicaid, Social Security, long-term care insurance, prescription drug coverage
- Alzheimer's Disease and related dementias
- Respite, home health, nursing care, senior centers, independent apartments, assisted living facilities, retirement centers, adult day health services
- Home delivered meals/nutrition, transportation, homemaker services
- Crisis, legal, and tax services
- Geriatric assessment, mental health services, caregiver support







## Honoring your work and personal lives.

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