## Women's Networking Association

Fall Semester 2015

The mission of the Women's Networking Association (WNA) is to connect professional women across campus through meaningful and empowering relationships. Providing an opportunity for women to network and support one another is an essential step for building women's leadership at Michigan State University and in the **Greater Lansing** community.

Accommodations for persons with disabilities may be requested by contacting the WRC at 517-353-1635. Requests received will be honored whenever possible.

## MICHIGAN STATE UNIVERSITY

**Broad College of Business Executive Development Programs** 



FREE and open to all! RSVP required.
Please call (517) 353-1635 or email wrc@msu.edu (with "Networking" in the subject line).

Wednesday, September 16, 2015: "Networking Ropes Course"

Choose one of two sessions 8:30AM—10:00AM, Chittenden Hall, Room 110 OR 3:30PM— 5:00PM, **MSU Union**, Mosaic: Multicultural Unity Center (2nd floor). For many women, networking can feel intimidating and awkward. At this session, participants will gain and practice hands-on skills for networking in a safe environment. We will help put you at ease to master any networking scenario. Presented by Lydia Weiss, MSU Women's Resource Center & Shana Killips, Henry Center for Executive Development.

Wednesday, September 23, 2015: "Mentor Match Day"

8:30AM—10:00AM only, MSU Union, Lake Erie Room (3rd Floor). As professional women, having a mentor is important for troubleshooting and navigating workplace dynamics. Serving as a mentor can also help develop new leadership skills. Contact Lydia Weiss (weisslyd@msu.edu) by September 9, 2015 if you are interested in being matched as a mentee or mentor for the 2015-16 academic year. Facilitated by Kristin St. Marie, Eli Broad College of Business and Lydia Weiss, MSU Women's Resource Center.

Wednesday, October 21, 2015: "You Define You"

Choose one of two sessions (8:30AM—10:00AM OR 3:30PM—5:00PM), Chittenden Hall, Room 110. Often, women find themselves being defined by other people who weigh them down and stifle their creativity and professional aspirations. Presenter, Brenda Nelson, M.A., MSU Division of Residential and Hospitality Services, will encourage participants to find their greatness, whatever that might be and whatever field they are in, to free themselves from labels that do not accurately apply to them in their workplaces, homes and communities. At the conclusion of this skill-building workshop, participants will understand their worth and value in order to more effectively and authentically achieve their goals.

## Wednesday, November 18, 2015: "Microaggressions in the Workplace"

Choose one of two sessions (8:30AM—10:00AM OR 3:30PM—5:00PM), Chittenden Hall, Room 110. This seminar will explore the concept of microaggressions in the workplace. Of particular focus are the raced and gendered assaults that women covertly and overtly experience by peers, which cause undue emotional, physical and psychological stress to their daily work lives. Participants will explore strategies for negotiating and resisting these aggressions against their identity and working with colleagues to achieve more culturally inclusive work environments. Presented by Dr. Dorinda Carter Andrews, Teacher Education, MSU College of Education.

Wednesday, December 9, 2015: "Panel & Evening of Networking"

Networking and refreshments begin at 4:30PM, panel begins at 5:15PM, Four Seasons Room, James B. Henry Center for Executive Development (3535 Forest Rd., Lansing, MI). Join the Women's Networking Association for an evening of networking, refreshments and a panel with some of Michigan State University's most successful and inspiring women. Panelists to be announced. Limited space available; RSVP by Friday, December 4, 2015.